



commitment for life

Lent 2010 - Counting the Cost, an exciting new Lenten resource from Commitment for Life

Counting the cost of our lifestyle
Counting the cost of what Jesus did for us
Counting the cost on the poor
Counting the cost of doing nothing.....

As an individual, do something positive this Lent.

Sign up for 'Counting the Cost,' a web based Lent course with Bible readings, reflections, prayers and facts written by Helen Garton and Sally Whitehead. You are encouraged to respond by giving 1p on the first day, 2p on the second, 3p on the third etc. to support Commitment for Life. The Sunday text will be a story and prayer about our four partner countries and there will be no contribution on that day.

Send your email address to gill.hillman@urc.org.uk and you will receive a reminder to log onto the 'Counting the Cost' webpage at the beginning of Lent.

Or you will find the complete course to print off and share with others at www.cforl.org.uk from Ash Wednesday

To find out more email linda.mead@urc.org.uk or ring 01702 315981

Vision4Life
Transforming the church