4. “Love poured out” Romans 5:5

"And hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us"

**Focus:** Are you aware in the depth of your soul just how much God loves you? He is willing and waiting to flood your life with His own love. Spend time in prayer, either alone or with a friend, asking the Holy Spirit to saturate your life with the Father's love.

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1. "I will not forget you!"  Isaiah 49:13-16

"Shout for joy, O heavens; rejoice, O earth; burst into song, O mountains! For the LORD comforts his people and will have compassion on his afflicted ones. But Zion said, "The LORD has forsaken me, the Lord has forgotten me." "Can a mother forget the baby at her breast and have no compassion on the child she has borne? Though she may forget, I will not forget you! See, I have engraved you on the palms of my hands."

Focus: Where does God seem to be? Are you rejoicing because of Him? Or does God seem far away and the promises of Scripture seem empty? Acknowledge your own feelings, and then give thanks for this declaration of love for you - you are unforgettably engraved on His hands.

2. "Love the Lord your God"  Mark 12:28-30

"Of all the commandments, which is the most important?" "The most important one," answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.'"

Focus: The God who loves us so much is looking for a response of total love - love with all of our being. Examine your own heart (affections), soul (spirituality), mind (thoughts) and strength (body). Ask the Lord to show you those areas of your life where your love is less than He desires.

3. "Forsaken love?"  Revelation 2:2-5

"You have persevered and have endured hardships for my name, and have not grown weary. Yet I hold this against you: You have forsaken your first love. Remember the height from which you have fallen! Repent and do the things you did at first."

Focus: Jesus knows and is pleased with your dedication and service. But He desires more than servants - He wants a bride who remains in love with Him. How has your love for Jesus changed over the years that you have been a Christian? Do you love Him as much now as you did in the early days?