5. “Cooperating” John 5:19

“Jesus gave them this answer: "I tell you the truth, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does."

Focus: Jesus cooperated completely with whatever his Father was doing. Pray for the Holy Spirit to open your eyes, to enable you to see what Father is doing, and to give you the desire and ability to cooperate.

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Encountering Jesus Christ

In prayer, bring yourself into the presence of Jesus and ask, “Lord, speak to me through your word.” Linger on each verse for as long as the Holy Spirit invites you to, prayerfully reflecting on the texts, listening to what the Lord says, and speaking with him. When the time is right, move to a new location and go on to the next step.

1. “Incarnation” Philippians 2:5-7

“Christ Jesus who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness.”

Focus: He who had every right to cling to greatness chose, instead, to let go and humble himself by being born a vulnerable human baby and by living to serve the purpose of God and the needs of people. Ask the Lord to show where this is, and is not, the attitude in your own heart, and invite the Spirit to make you more like Jesus.


“After three days they found him in the temple courts, sitting among the teachers, listening to them and asking them questions. Everyone who heard him was amazed at his understanding and his answers. When his parents saw him, they were astonished. His mother said to him, “Son, why have you treated us like this? Your father and I have been anxiously searching for you.” “Why were you searching for me?” he asked. “Didn’t you know I had to be in my Father’s house?””

Focus: What has helped you develop in your understanding of Scripture? How eager are you to learn, discuss, and be in the place where you can meet with your heavenly Father? What is the Spirit saying to you about this?


“...But they did not understand what he was saying to them. Then he went down to Nazareth with them and was obedient to them. But his mother treasured all these things in her heart. And Jesus grew in wisdom and stature, and in favour with God and men.”

Focus: Are you growing? Consider the different ways that Jesus grew, and ask the Lord to speak to you about your own growth.

4. “Submission” Matthew 3:13-17

“Then Jesus came from Galilee to the Jordan to be baptised by John. But John tried to deter him, saying, “I need to be baptised by you, and do you come to me?” Jesus replied, “Let it be so now; it is proper for us to do this to fulfil all righteousness.” Then John consented. As soon as Jesus was baptised, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and lighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."”

Focus: Jesus persisted in doing what was right, and consequently he knew the Father’s pleasure. Ask God how you yourself may know His pleasure in your own life.